



MINISTRY OF TRANSPORT AND COMMUNICATIONS
DEPARTMENT OF MARINE ADMINISTRATION
No-363/421, Corner of Merchant & Theinbyu Road,
Botataung Township, Yangon, Myanmar

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Date: 1 June 2016

Shipping Circular No. 1/2016

To: Shipowners, agents, masters, seafarers, approved medical doctors and approved medical referees.

Subject: **Approved Medical Doctors with effect from 1 June 2016**

Ref:

- (a) *Merchant Shipping Act, Section 21, Notification 108/20;*
- (b) *Shipping Circular No. 4/2012*
- (c) *Guidance for Seafarer Medical Examinations and Certifications, June 2015*
- (d) *Section A-I/9 of the STCW Code, including 2010 Manila Amendments;*
- (e) *Maritime Labour Convention 2006.*

1. Application

- a. The Shipping Circular No. 1/2016 and the Guidance for Seafarer Medical Examinations and Certifications, June 2015 make it a legal requirement for Myanmar seafarers to hold a valid certificate attesting to their medical fitness for the work for which they are employed.
 - b. The requirement for a medical fitness certificate does not apply to anyone employed on a fishing vessel or a non-commercial pleasure vessel.
 - c. Medical certificates to seafarers are to be issued shall be valid for a maximum of 2 years.
 - d. Applications may be made directly by seafarers to one of the DMA approved **Medical Doctors**, listed in Appendix A. The List of **Medical Referees** who have been appointed to carry out seafarer medical reviews (appeals) is attached in Appendix B.
2. The DMA has appointed no one as an approved medical doctor abroad yet Director General may approve doctors overseas in countries to provide such service for Myanmar seafarers upon necessity.

3. List of approved medical doctors and optometrists

- a. A register of approved medical doctors is posted publicly as well as regularly updated if there are any changes on the DMA's webpage on:
<http://www.dma-mm.org/noti.aspx>
- b. Approved optometric examiners are normally designated by Director General.

4. This circular serves to inform that with effect from the Date of **1 June 2016**, the approved medical doctors, medical referees, shipowners, agents, masters and seafarers shall have to follow this guidance for the purpose of Seafarer Medical Examinations and Certifications.
5. For more information on the contents of this Circular or any aspect of seafarer medical certification is available from any of the approved doctors listed in the Appendices, or the DMA at the address below: -

DMA Contact Details

Head Office	SSE Division
No 363/421, Corner of Merchant and Theinbyu Road, Botataung Township, Yangon, Myanmar. Tel: +95 -1- 397640 Fax: +95 -1- 397641 Postal Code: 11161 E-mail: dma.myan@gmail.com	Department of Marine Administration, Dawbon dockyard Street, Dawbon Township, Yangon, Myanmar. Tel: +95 -1- 556097; 553087 Fax: +95 -1- 556093 Postal Code: 11241 E-mail: d-nd@myanmar.com.mm



Maung Maung Oo
Director General
Department of Marine Administration

List of DMA Approved Medical Doctors with effect from 1 April 2016

Sr No.	Name	Medical Centre	Subsidiary Clinic
001	Dr. Ne Lynn	7 Stars Medical Centre	
002	Dr. Aung Cho Tun	No. 429/437, Merchant Road, (Corner of Theinphyu Road & Merchant Road) . Botahtaung Township, Yangon. Myanmar. Phone: 398165	
003	Dr. Swe Setk		
004	Dr. Nyi Nyi Shin		
005	Dr. Myo Nyunt		
006	Dr. Soe Lwin	Asia Pacific Centre for Medical & Dental Care	
007	Dr. Zaw Lin	No.98(A), KabarAye Pagoda Road, Bahan Township, Yangon. Phone: 549152/ 553783/ 09-73216940	
008	Dr. Myint Zaw		
009	Dr. Moe Aung Kyaw Naing	Asia Royal Cardiac & Medical Centre	
010	Dr. Htay Htay	No.14, Baho Street, Sanchaung Township, Yangon, Myanmar. Phone: 538055/537296	
011	Prof. U Thann Lwin		
012	Dr. Aung Kyaw Thaug		
013	Dr. Mary		
014	Dr. War War Win Myat		
015	Dr. Lu Zaw*	Aung Yadana Hospital	Shwe Inn Lay Clinic
016	Dr. Myint Thein	No. 5/24, Thirigon Estate, Waizayantar Road, 16/2 Ward, Thingankyun Township, Yangon, Myanmar. Phone: 561878/573631/573632	No.160, Mahabandula Street, 2 Quarter, Pazundaung Township, Yangon, Myanmar. Phone: 0973225881, 095008571
017	Dr. Hein Yarzar Aung		
018	Dr. Tin Maung Nyunt		
019	Dr. Thiwa Tin		
020	Dr. Kinsanar Tun		
021	Dr. Lwin Tin Aye	Bo Aung Kyaw Healthy Screening Centre	
022	Dr. Zin Maung Thant	No. 106(B), Bo Aung Kyaw Street, G-F, Botahtaung Township, Yangon. Myanmar. Phone: 09-448021641	

Note: * The said doctor is also available at the subsidiary clinic shown in the next column.

Sr No.	Name	Medical Centre	Subsidiary Clinic
023	Dr. Naw Rebecca Htin	Kweh Ka Baw Clinic	
024	Dr. Saw Simon Tha	No.144, Min Gyi Road, Insein Township, Yangon, Myanmar	
025	Dr. Khemar Chain	Phone: 01-647000	
026	Dr. Hla Myint	Lin Yaung Chi Healthcare and Medical Diagnostic Centre No.512, Lower Kyi Myin Dine Road, Kyi Myin Dine Township, Yangon, Myanmar Phone: 01-220396, 01-218376, 09-33886975	
027	Dr. Moe Myint Aung	Moe Thee General Clinic & Hospital	
028	Dr. Toe Sanda	(1)-No.74, Yeekyaw Road Opposite To Y.M.B. A , Pazundaung Township, Yangon, Myanmar.	
029	Dr. Min Zaw Oo	(2)-No(238/239). Yanmonnar Road, Zayyar Thiri Quarter, Dawbon Township, Yangon .	
030	Dr. Win Ko Ko		
031	Dr. Yee Yee Naing	Phone: 293504 - 559012/559594	
032	Prof: Dr. Myo Win	Myat Mon Yandana Special Healthcare Clinic	
033	Dr. Thein Thein Oo	No.357/359, First Floor, Thein Phyu Road, Near Thein Phyu Bazaar Bus Stop, Mingalar Taung Nyunt Township, Yangon,	
034	Dr. Zin Myo Latt		
035	Dr. Sabai Phyu Lay Kywe	Phone: 01-383818, 09420105421, 0943074202	
036	Dr. Zay Ya Aye	Parami General Hospital	
037	Dr. Myat Myat Soe	No.60 (G-1), New Parami Road, Mayangone Township, Yangon,	
038	Dr. Sandar Lin	Phone: 651674/660083	
039	Dr. Min Zaw Htun	Rose Hill Hospital	
040	Dr. Aye Aye Nwe	No.20/A, Kabar Aye Pagoda Road, Bahan Township, Yangon.	
041	Dr. Nyunt Nyunt Sein	Phone: 558459/558401/552906	

Note: * The said doctor is also available at the subsidiary clinic shown in the next column.

Sr No.	Name	Medical Centre	Subsidiary Clinic
042	Dr. Aung Ze Moe	Sakura Hospital	
043	Dr. Thein Soe	No.23, Shin Saw Pu Road, Sahchaung Township, Yangon. Phone: 512668	
044	Dr. Myint Thu Lwin	Shwe Inn Lay Clinic	Aung Yadana Hospital
045	Dr. Saw Win	No.160, Mahabandula Street, 2 Quarter, Pazundaung Township, Yangon, Myanmar. Phone: 0973225881, 095008571	No. 5/24, Thirigon Estate, Waizayantar Road, 16/2 Ward, Thingankyun Township, Yangon, Myanmar. Phone: 561878/573631/573632
046	Dr. Lu Zaw*		
047	Dr. Tin Moe	Thukha Gabar Hospital	
048	Dr. Myo Myint	No.615(E), Pyay Road, Kamaryut Township, Yangon. Myanmar. Phone: 500100/504545/526329	
049	Dr. Thet Htay		
050	Dr. Aung San		
051	Dr. Win Thein	Thu Kha Mingalar Medical & Diagnostic Centre	
052	Dr. Hla Soe Lwin	No.46/48, Shar Kone Street, Myaynigone, San Chaung Township, Yangon. Myanmar. Phone: 09-73170255/09-43065441	
053	Dr. Aye Lin Sett		
054	Dr. Myint Naing	ThuKha Nwe Specialist	
055	Dr. Nweni Than	No. 451, Merchant Street, Botahtaung Township, Yangon. Phone: 297440/200493	
056	Dr. Thidar Thein		
057	Dr. Sabai Chain	U.H.C Hospital, Kembangan Management Limited	
058	Dr. Saw Oo Tan	No.439/441, New University Avenue Road, Bahan Township, Yangon, Myanmar. Phone: 540661/549167	
059	Dr. Naw Molly		

Note: * The said doctor is also available at the subsidiary clinic shown in the next column.

Sr No.	Name	Medical Centre	Subsidiary Clinic
060	Dr. Theingi Ko Gyi	Victoria Hospital	
061	Dr. Myo Thint	No.68, Tawwin Street, 9 mile, Mayangone Township	
062	Dr. Kyaw Kyaw Soe	Phone: 01-9666141	
063	Dr. Khyn Oo Myint	White and Green Medical Centre	
064	Dr. Myo Myint	72/A, YaMonNar 4 th Street, YaMonNar Block 2, Dawbon Township, Yangon, Myanmar.	
		Phone: 09-5012434/09-5021972	

Note: * The said doctor is also available at the subsidiary clinic shown in the next column.

List of DMA Approved MEDICAL REFEREES 2016

Sr. No	Name	Specialist	Address	Contact
1	Dr.Aye Win Set	Chest Physician	Yangon General Hospital, Department of Respiratory Medicine, Latha Township, Yangon	Phone: 297440
2	Dr.Than Sitt	Hepatologist	No(742), Mya Yadanar Street, 36th Ward, North Dagon, Yangon	Phone: 581336, 09-6504922 thonsitt@gmail.com
3	Prof. Khin Maung Han	Ortho- Surgeon	No (5/24), Thirigon Estate Waizayantar Road, 16/2 Ward, Thingangyun, Yangon	Phone: 855 1 355, 09-5000699 Fax: 8551355(Ext: 2344) aychospital@gmail.com
4	Dr.Zaw Sein Lwin	Psychiatrist	Consultant Psychiatrist Pun Hlaing Hospital, Pun Hlaing Golf Estate Avenue, Hlaing Tharyar Tsp, Yangon	Phone: 684323 (Ext : 3120) Fax: 684324
5	Prof: Win Myint	General Surgeon	Medical Director, Pun Hlaing Hospital, Pun Hlaing Golf Estate Avenue, Hlaing Tharyar Tsp, Yangon	Phone: 684323 (Ext : 1101, 3102) Fax: 684324 md.phih@spa.com.mm
6	Prof. Ko Ko Tin	Eye Specialist	No. 270 Shwe Bon Tha Street, Pabedan Tsp, Yangon	Phone: 376968, 095001021

Applications for medical review/appeal should initially be made to the DMA SSE Section at the address on the form which may be issued by DMA upon request.