Announcement 1/2020

Subject: Notice regarding to Coronavirus Disease 2019 (COVID–19)

The Ministry of Transport and Communications, the Department of Marine Administration has issued an announcement on the global epidemic of Coronavirus Disease 2019 (COVID–19).

1. Ministry of Health and Sports has activated the surveillance procedure as per Annex A on passengers and crew personnel of aircrafts and ships entering into Myanmar through airports, seaports and border crossing that will be monitored as required by the Standard Operation Procedures for Persons under Investigation as well as by the Management Protocol for COVID–19 Acute Respiratory Disease as per Annex B in the case of suspected patients treatment will be undertaken.

2. Regarding to the screening process on foreign–flagged ships, cruise ships, Myanmar ships engaged on international voyages calling to Myanmar ports, each and every seafarer shall duly send the Maritime Declarations of Health (MDOH) to Myanmar Port Authority 72 hours in advance as well as 24 hours prior to arrival. Thence the Health Declaration Cards as provided in Annex C shall be submitted to the Port Health Officer. In case of suspected coronavirus infection, if there is any person suffering high fever, sickness, coughing or respiratory distress, master of the ship shall be reported to Port Authority personnel so that Myanmar Port Authority may take steps necessary procedures including berthing movements. Maritime Declaration of Health forms have been distributed by the Shipping Agencies Department of Myanmar Port Authority.

3. In order for protection against current COVID–19, procedures for the prevention and control of the disease are continuously published by the World Health Organization (WHO) and the International Maritime Organization (IMO) and such Procedures, Recommendations, Guidelines and Circulars are provided in Appendix D.
4. Shipboard personnel who work on these vessels are required to comply with the instructions in Annex (E) in order for landing permit or to go shore.

5. It has been disseminated information regarding preventive and compliance measures against COVID-19 through SRPS companies as well as in the Website: https://dma.gov.mm of the Department of Marine Administration.

Thaung Kyaing

Director General
Standard Operating Procedures for Pneumonia Surveillance in International Airport and Seaport (26-2-2020)

Check for body temperature with Infrared Fever Screening System on arrival

Temperature normal
- Pass
- Body temperature above 38° C
  - Wait for 15 minutes and recheck body temperature*
  - Temperature normal
    - Pass
  - Body temperature above 38° C***
    - Person Under Observation (PUO)
      - Ask for travel history whether the passenger had any history of travelling to China and affected countries within (14) days
      - Ask for contact history with a confirmed or probable case of COVID-19 infection or history of working in or attending a health care facility where patients with confirmed or probable COVID-19 acute respiratory disease patients were being treated in China or other affected countries.

Absence of cough, sneezing, shortness of breath
- Ask for personal information, contact number and address in Myanmar in detail, Advise to seek medical care if they feel unwell
- Pass and keep the person under surveillance by State and Regional Public Health Team

Presence of cough, sneezing, shortness of breath
- Person Under Investigation (PUI) for suspected pneumonia***
  - Transfer the passenger to the hospital with ambulance
  - Isolate the patient in the designated hospital and take specimen(s) and send to National Health Laboratory
  - Disinfection of all contact places including ambulance

* Patients must wear surgical mask
** Immediately inform to Central Epidemiology Unit, Ministry of Health and Sports, Nay Pyi Taw
*** Decision by Clinical Management Committee

All health personnel to take universal precaution / N95 Mask

Central Epidemiology Unit, Department of Public Health
Ministry of Health and Sports

DMA Notice (covid-19)
Standard Operating Procedures for Pneumonia Surveillance in Ground Crossing (26-2-2020)

Check for body temperature with Non-Contact Thermometer

Temperature normal
- Pass

Temperature normal
- Pass

Body temperature above 38° C
- Wait for 15 minutes and recheck body temperature *
- Body temperature above 38° C**
- Person Under Observation (PUO)

* Ask for travel history whether the passenger had any history of travelling to China and affected countries within (14) days
** Ask for contact history with a confirmed or probable case of COVID-19 infection or history of working in or attending a healthcare facility where patients with confirmed or probable COVID-19 acute respiratory disease patients were being treated in China or other affected countries

Absence of cough, sneezing, shortness of breath
- Ask for personal information, contact number and address in Myanmar in detail, Advise to seek medical care if they feel unwell
- Pass and keep the person under surveillance

Presence of cough, sneezing, shortness of breath
- Person Under Investigation (PUI) for suspected pneumonia ***

*** Decision by Clinical Management Committee

Patients must wear surgical mask

Immediately inform to Central Epidemiology Unit, Ministry of Health and Sports, Nay Pyi Taw

Transfer the passenger to the hospital with ambulance
Isolate the patient in designated hospital and take specimen(s) and send to National Health Laboratory
Disinfection of all contact places including ambulance

All health personnel to take universal precaution / N95 Mask

Central Epidemiology Unit, Department of Public Health
Ministry of Health and Sports
Standard Operating Procedures for Person Under Investigation (PUI) for Suspected Pneumonia Surveillance in Hospitals and Clinics (26-2-2020)

Attendance of patients in Hospital and Clinics OPD

Presenting Signs and Symptoms *
- Fever
- Sneezing
- Cough
- Shortness of breath

- Ask for travel history whether the passenger had any history of travelling to China within (14) days
- Ask for contact history with a confirmed or probable case of COVID-19 infection or history of working in or attending a health care facility where patients with confirmed or probable COVID-19 acute respiratory disease patients were being treated in China or other affected countries.

No

Further investigation for diagnosis and treatment

Yes

Person Under Investigation (PUI) for suspected Pneumonia

- Isolate the patient, take specimen(s) and send to National Health Laboratory, start treatment
- Immediately inform to Department of Medical Services, Central Epidemiology Unit and State and Region Health Department

* Patients must wear surgical mask

All health personnel to take universal precaution / N95 Mask

Central Epidemiology Unit, Department of Public Health
Ministry of Health and Sports
Management Protocol for COVID-19 Acute Respiratory Disease (Version 04)

At Triage area

A. History of travel to or residence in a location reporting community transmission within past 14 days
   OR History of close contact with a confirmed or probable COVID-19 case within past 14 days

B. Presenting fever, symptoms of acute respiratory disease (e.g., cough, shortness of breath)

C. Presenting fever, symptoms of severe acute respiratory disease and with no other clear etiology

- Home or facility quarantine for 14 days
- Report to State and Regional Health Department

Further investigation for diagnosis and treatment

- Isolate the patient in a separate room (e.g., Fever room)
- Take strict IPC measures depending on severity
- Take complete and detailed history and physical examination
- Inform immediately to DoMS [09 449621202], CEU [067 3420268], State and Regional Health Department
- Inform Regional/Facility Level Clinical Management Committee

Person Under Investigation (PUI) for suspected Pneumonia

- Move the patient to isolation room
- Take specimen and send to NHL (To follow specimen collection guidelines)
- Follow “Clinical Management Guidelines for Coronavirus Disease (COVID-19)”

Mild Pneumonia (PUI)
Symptomatic treatment

Result (+)
Results (+)

Confirmed case
- Supportive treatment including fluid therapy
- Antibiotic/antiviral/Hydroxychloroquine
- Treatment of complications
- Refer to designated hospital with standard precaution and considering risk and benefit
- Isolate patients for 14 days (after last exposure)

Result (+)

Discharge
Discharge criteria
Discharge message

Recover

Severe Pneumonia (Suspected)
(if any of following signs/symptoms is present)
1) Respiratory rate > 30 breaths/min
2) Severe respiratory distress
3) SpO2 < 93% on room air
4) Systolic Blood Pressure ≤ 100 mmHg
5) Altered mental status (GCS < 15)

- High flow O2 5 L/min
- Supportive treatment including fluid therapy
- IV antibiotics
- Treatment of complications
- Assess for ventilator & specialist care

Death – proper disposal of the dead person

DoMS: Department of Medical Services  CEU: Central Epidemiological Unit  NHL: National Health Laboratory
Ministry of Health and Sports
Health Advice for Travellers
Welcome to Myanmar

All travellers coming from Wuhan (People's Republic of China) and Novel Coronavirus affected area 2019, please report without fail to Airport Quarantine Desk if you have any of the symptoms such as high fever, cough, sneezing, shortness of breath on arrival (or) within (14) days of being in Wuhan.

We would like to advise you to seek early medical care and report to the nearest health facilities, preferably government hospital if you have any of the symptoms of high fever, cough, sneezing, shortness of breath, (14) days after arriving Myanmar will treat free of charge.

Airport Health Quarantine, Ministry of Health and Sports

Health Declaration Card
Ministry of Health and Sports, Myanmar

Please fill in using the capital letters

Flight Number/Ship Name ------------------------- Date: [Day Month Year]

Name

Family [ ] First [ ] Middle [ ]

Date of birth

[ ] Male [ ] Female

Nationality

Passport No.

Country of residence

Port of disembarkation

Length of stay in Myanmar [ ] Days [ ] Date of departure [Day Month Year]

Address in Myanmar

Contact Phone Number [ ] [ ] [ ] [ ] [ ]

Did you travel any city/country within 14 days?

Yes [ ] No [ ]

If yes, mention the name of city and country and region that you have visited within 14 days.

Trip Plan

Cities intended to travel in Myanmar

Do you have any signs and symptoms of

[ ] High body temperature [ ] Cough [ ] Sore throat

[ ] Sneezing [ ] Shortness of breath [ ] Others

Signature of passenger

Medical Officer

Contact:

Port Health Authority:

Central Epidemiology Unit: 067-3431432, 067-3431434
WHO technical-guidance

a) Critical preparedness, readiness and response actions for COVID-19
b) National laboratories
c) Risk communication and community engagement
d) Early investigation protocols
e) Naming the coronavirus disease (COVID-19)
f) Country-level coordination, planning, and monitoring
g) Clinical care
h) Operational support and logistics
i) Reduction of transmission from animals to humans
j) Humanitarian operations, camps and other fragile settings
k) Surveillance, rapid response teams, and case investigation
l) Infection protection and control / WASH
m) Guidance for schools, workplaces & institutions
n) Points of entry / mass gatherings

The WHO technical-guidance is constantly updating, visit the following WHO website:


![QR Code]
IMO Circular

a) IMO Circular Letter No.4203 Novel Coronavirus (2019-nCoV)
b) IMO Circular Letter No.4203/Add.1 Novel Coronavirus (2019-nCoV)
c) IMO Circular Letter No.4204 Novel Coronavirus (2019-nCoV)
d) IMO Circular Letter No.4204/Add.1 COVID-19 – Implementation and enforcement of relevant IMO instruments
e) IMO Circular Letter No.4204/Add.2 Joint Statement IMO–WHO on the Response to the COVID-19 Outbreak
f) IMO Circular Letter No.4204/Add.3 Operational considerations for managing COVID-19 cases/outbreak on board ships
g) IMO Circular Letter No.4204/Add.4 Guidance for ship operators for the protection of the health of seafarers

IMO Circulars can be downloaded through the following link:
https://www.dropbox.com/sh/8snwfrrd9bqy3ew/AABznSw3YRUJXR7aGrndmCia?dl=0
Additional Precautionary Restrictions for travellers from all countries visiting
Myanmar

1. With a view to preventing importation and spread of COVID–19, the Government of the Republic of the Union of Myanmar is obliged to take additional precautionary measures to control and limit the risk that travellers from all countries may pose to the populations in Myanmar.

2. The Following additional temporary restrictive measures will take effect for incoming travellers from all countries starting from 25 March 2020, 0000 hours (Myanmar standard time) –

2.1 All incoming Myanmar nationals from any country will be subject to a 14-day facility quarantine on their arrival in Myanmar.

2.2 All foreign nationals travelling to Myanmar are required to present laboratory evidence of absence of COVID–19 infection issued no more than 72 hours prior to the date of travel before boarding any airline destined for Myanmar. They will be subject to a 14–day facility quarantine on their arrival in Myanmar.

2.3 All diplomats accredited to Myanmar and United Nations officials working in Myanmar are also required to present laboratory evidence of absence of COVID–19 infection issued no more than 72 hours prior to the date of travel before boarding any airline destined for Myanmar. They will be subject to home quarantine for 14 days on their arrival in Myanmar.

3. This notification shall supersede the precautionary measures announced earlier.

Ministry of Foreign Affairs
Nay Pyi Taw, Dated 24 March 2020